SEC Form 4	
------------	--

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

3235-0287							
Estimated average burden							
0.5							

Ī

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* YOUNG MARTIN H JR						2. Issuer Name and Ticker or Trading Symbol BERRY PETROLEUM CO [BRY]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (spec								
(Last) (First) (Middle) C/O BERRY PETROLEUM COMPANY 1999 BROADWAY, SUITE 3700						3. Date of Earliest Transaction (Month/Day/Year) 03/31/2010								below)			below)					
				4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)									
(Street) DENVER CO 80202													 X Form filed by One Reporting Person Form filed by More than One Reporting Persor 									
(City) (State) (Zip)																						
		Та	ble I - Nor	n-Deriv	vativ	/e Se	curities	s Ac	quired, D	Dis	posed of, o	or Bene	ficially	Owned		1						
Date				nsaction h/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year		e, Transaction Disposed C Code (Instr.		s Acquired (A) or of (D) (Instr. 3, 4 and 5)		Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership						
							Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)						
Class A Co	ommon Stoo	2k												40,0	000		D					
											osed of, or onvertible			wned								
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deemed Execution D if any (Month/Day/	ate, T	4. Transaction Code (Instr. 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)				
				c	Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)							
Nonstatutory Stock Options 12- 2-01	\$7.725								12/02/2003	1	12/02/2011	Class A Common Stock	10,000		10,0	00	D					
Nonstatutory Stock Options 12- 2-02	\$8.07								12/02/2003	2	12/02/2012	Class A Common Stock	10,000		10,000		D					
Nonstatutory Stock Options 12- 2-03	\$9.61								12/02/2003	3	12/02/2013	Class A Common Stock	10,000		10,000		10,000		D			
Nonstatutory Stock Options 12- 2-04	\$21.77								12/02/2004	4	12/02/2014	Class A Common Stock	10,000		10,000		10,000		10,000		D	
Nonstatutory Stock Option 12- 15-05	\$30.645								12/15/2005	5	12/15/2015	Class A Common Stock	10,000		10,000		10,000		10,000		D	
Nonstatutory Stock Option 12- 15-06	\$32.565								12/15/2000	6	12/14/2016	Class A Common Stock	10,000		10,0	00	D					
2007 Restricted Stock Unit ⁽¹⁾	\$0								01/01/2008	(2)	12/13/2017 ⁽³⁾	Class A Common Stock	1,319		1,31	.9	D					
NSO 2007	\$43.61								12/14/2007	7	12/13/2017	Class A Common Stock	3,956		3,95	56	D					
Phantom Stock Units	\$0 ⁽⁴⁾	03/31/2010			A		1,839 ⁽⁵⁾		08/08/1988	В	08/08/1988	Class A Common Stock	76,731	\$28.16	78,5	70	D					
Explanation	of Response	s:																				

1. 1 for 1

2. The RSU granted is 100% vested at the date of grant but the receipt of shares are subject to a deferral period which is generally at least four years from the grant date as per the deferral election.

3. The RSU is subject to a deferral election. Shares of Class A Common Stock will be delivered to the reporting person as per the terms of the deferral election.

4. Phantom Stock Units acquired under the Company's Non-Employee Director Deferred Compensation Plan in a transaction exempt under Rule 16b-3(c). Shares of Common Stock are issued under terms of the Plan upon resignation from the board of directors.

5. Phantom Stock Units acquired under the Company's Non-Employee Director Deferred Compensation Plan in a transaction exempt under Rule 16b-3(c). Shares of Common Stock are issued under terms of the Plan upon resignation from the board of directors.

Kenneth A Olson under POA for Martin Young 03/31/2010

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.